

## URINE CULTURE TEST FROM FIRST MICTURITION

### MATERIAL NEEDED FOR COLLECTION

Sterile, wide-opening container with screw cap and suction probe provided by the Collection Center or available for purchase at the pharmacy



### DIRECTIONS AND METHOD OF COLLECTION

Collect urine upon awakening, or subsequent urine only if **at least 3 hours** have passed since the last time you urinated.

1. Wash hands and external genitalia well with soap and water (do not use disinfectants), rinse and dry well.
2. Open the sterile jar without touching the inside.
3. Uncover the glans (for men) or spread the outer vaginal lips (for women).
4. Collect the first urine released into the jar (2 notches about 30 mL) and discard the rest of the urine.
5. Carefully screw the cap on without touching the inside.
6. Identify the jar by writing first name last name and date of birth on the label.
7. Deliver the collected sample to the Collection Center **within 1 hour** of collection.

