

## SPUTUM COLLECTION FOR CULTURE EXAM

## MATERIAL NEEDED FOR COLLECTION



Sterile, wide-opening, screw-top container provided by the Collection Center or available for purchase at the pharmacy.

## DIRECTIONS AND METHOD OF COLLECTION

Carry out collection preferably in the morning on an empty stomach

- 1. On the morning of collection, remove any dentures or removable prostheses and rinse the mouth with water (do not use mouthwash or oral disinfectants).
- 2. Exhale into the sterile container, avoiding contamination with saliva or nasal secretion; if contamination occurs, repeat collection using another container.
- 3. Close the container carefully with the screw cap.
- 4. Identify the container by writing first name, last name date of birth and **date of collection on the label.**
- 5. Deliver the specimen to the Collection Center within 1-2 hours after collection or 3-4 hours if stored at refrigerated temperature.

## WARNING

In the case of a request for collection on several subsequent days, each sample must be delivered separately; it is NOT possible to deliver all samples together.