

URINE CULTURE (URINE FROM INTERMEDIATE MICTURITION)

MATERIAL NEEDED FOR COLLECTION

Sterile container with wide opening, screw cap and suction probe provided by the Collection Center or purchasable at the pharmacy.



Sterile wide-opening container with screw cap and aspiration probe and yellow-capped tube provided by the Collection Center or purchasable at the pharmacy in case of request for complete urinalysis and urine culture.

DIRECTIONS AND METHOD OF COLLECTION

Collect urine upon waking, or subsequent urine only if **at least 2 hours** have passed since the last time you urinated.

1. Wash hands and external genitalia well with soap and water (do not use disinfectants), rinse and dry well.



2. Open the sterile container without touching the inside.
3. Uncover the glans (for men) or spread the outer vaginal lips with fingers (for women).
4. Collect the urine in the jar after discarding the first cast by filling it up to about half full.
5. Carefully screw on the cap without touching the inside.
6. Identify the jar by writing first name last name and date of birth on the label.
7. Deliver the collected sample to the Collection Center within 2 hours of collection.

WARNING

In case of request for complete urine examination and urine culture, after closing the jar:

- ✓ Insert the test tube into the probe with the cap facing downward
- ✓ Apply gentle pressure on the test tube so that the urine is automatically aspirated
- ✓ At the end of aspiration remove the test tube from the probe
- ✓ Identify the test tube by writing first name last name and date of birth on the label.
- ✓ Deliver the jar and tube to the Collection Center within **2 hours** of collection.