

## BLOOD DRAW FOR RENIN AND/OR ALDOSTERONE

### INSTRUCTIONS

Depending on certain specifics reported by the Prescribing Physician on the application, certain directions must be followed before the collection is performed:

- **Generic Renin and/or Aldosterone Prescription:** An extemporaneous blood draw is performed without any special preparation. Follow the generic indications for preparation for hematochemical tests.
- **Prescription of Renin and/or Aldosterone with the specific ORTOSTATISM (even for only one of the two parameters):** The patient must have been in an orthostatic position for at least 60 minutes, but not more than 120 minutes, before the blood draw is performed. Orthostatism is defined as standing with little or no walking.
- **Renin and/or Aldosterone prescription with the specification CLINOSTATISM (even for only one of the two parameters):** The patient should remain in a horizontal position, including in a recliner chair, with legs at heart height for at least 90 minutes before the blood draw is performed.
- **Prescription for Renin and/or Aldosterone with the specification ORTOSTATISM and CLINOSTATISM (even for only one of the two parameters):** The patient must remain in the orthostatic position for at least 60 minutes but not more than 120 minutes, orthostatism sampling is performed, then the patient must assume the horizontal position for at least 90 minutes before clinostatism sampling is performed.